
**UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

FORM 6-K

**REPORT OF FOREIGN PRIVATE ISSUER
PURSUANT TO RULE 13a-16 OR 15d-16 UNDER
THE SECURITIES EXCHANGE ACT OF 1934**

For the month of April 2026

Commission File Number: 001-40540

Atour Lifestyle Holdings Limited
(Exact name of registrant as specified in its charter)

**1st floor, Wuzhong Building,
618 Wuzhong Road, Minhang District,
Shanghai, 201103, People's Republic of China
(+86) 021-64059928
(Address of principal executive office)**

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F:

Form 20-F

Form 40-F

EXHIBIT INDEX

Exhibit No.	Description
99.1	Press Release — Atour Lifestyle Holdings Limited Releases 2025 Environmental, Social and Governance Report

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Atour Lifestyle Holdings Limited

By: /s/ HAIJUN WANG

Name: Haijun Wang

Title: Chairman of the Board of Director and Chief Executive Officer

Date: April 30, 2026

Atour Lifestyle Holdings Limited Releases 2025 Environmental, Social and Governance Report

SHANGHAI, April 30, 2026 /GlobeNewswire/ -- Atour Lifestyle Holdings Limited (“Atour” or the “Company”) (NASDAQ: ATAT), a leading lifestyle group in China, today announced the release of its 2025 Environmental, Social and Governance (“ESG”) report. The report outlines Atour’s management philosophy and key achievements across environmental stewardship, social responsibility, and governance practices for the year ended December 31, 2025, reflecting the Company’s deepening integration of sustainability into its long-term development.

Throughout 2025, the Company advanced its ESG governance framework and made meaningful progress in key areas, including customer experience, employee development, franchisee and supply chain collaboration, green operations, and community engagement. Embarking on this new chapter, Atour will continue to steadily advance sustainable development, working toward its long-term vision: “A Timeless Atour, Warmth Along Every Journey.” The Company will fulfill its firm and warm promise to customers and continue to contribute its solid and enduring strengths to all stakeholders.

To learn more and download the full ESG report, please visit: <https://ir.yaduo.com/about-us/esg>.

About Atour Lifestyle Holdings Limited

Atour Lifestyle Holdings Limited (NASDAQ: ATAT) is a leading lifestyle group in China that operates both hospitality and retail businesses. As a leader in quality living, Atour is dedicated to creating an intimate ambiance where people can warmly connect. Guided by its people-serving philosophy, Atour continuously refines its products and services to curate exceptional experiences for every user.

For more information, please visit <https://ir.yaduo.com>.

Investor Relations Contact

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